

| Emergency/Crisis Lines | 911 |
|---|----------------|
| Kids Help Phone..... | 1-800-668-6868 |
| Mental Health Crisis Line..... | 705-728-5044 |
| Poison Control Centre..... | 1-800-268-9017 |
| Rape Crisis/Sexual Assault Ctr -Simcoe County.. | 1-800-987-0799 |
| Telecare Distress Line..... | 705-325-9534 |
| Youth Mobile Crisis Response..... | 1-888-893-8333 |

Arts & Culture

| | |
|--|--------------|
| City of Orillia-Culture & Heritage..... | 705-325-4530 |
| Leacock Museum..... | 705-329-1908 |
| Mariposa Folk Festival..... | 705-326-3655 |
| Orillia & District Arts Council..... | 705-329-2333 |
| Orillia Museum of Art and History (The)..... | 705-326-2159 |
| Orillia Opera House..... | 705-326-8011 |
| OPP Museum..... | 705-329-6889 |

Business Related

| | |
|---|----------------|
| Better Business Bureau..... | 1-877-859-8566 |
| Community Development Corporation..... | 705-325-4903 |
| Downtown Orillia Management Board..... | 705-325-3261 |
| Orillia Business Women's Association..... | 705-325-6292 |
| Orillia Chamber of Commerce..... | 705-326-4424 |
| Oro-Medonte Chamber of Commerce..... | 705-487-7337 |
| Ramara Chamber of Commerce..... | 705-484-2141 |

Clinics

| | |
|--|----------------|
| After Hours 210 Memorial Ave. Ste 106..... | 705-327-0578 |
| Ontario Medical Imaging. Orillia..... | 705-326-2244 |
| Gamma-Dynacare Labs..... | 705-325-0151 |
| Georgian College Dental Clinic.....ext. 3099..... | 705-325-2740 |
| Lifelabs..... | 1-877-849-3637 |
| Orillia X-Ray & Ultrasound (16 O'Brien)..... | 705-327-0744 |
| Simcoe Muskoka District Health Unit (Clinics: Dental, Immunization, Sexual Health)..... | 705-721-7520 |
| Walk in Dentistry...(52 Mississaga St. E)..... | 705-327-8062 |

Education

| | |
|--|--------------|
| Bright Horizons Montessori..... | 705-325-2073 |
| School Boards: Simcoe County School Board..... | 705-728-7570 |
| Simcoe, Muskoka Catholic School Board..... | 705-722-3555 |
| Georgian College..... | 705-325-2740 |
| Kids for Turtles Environment Education..... | 705-325-5386 |
| Lakehead University..... | 705-330-4008 |
| Learning Centre, The..... | 705-325-9279 |
| Orillia Literacy Council | 705-327-1253 |
| Stellar Montessori School..... | 705-323-9398 |

Employment

| | |
|--|----------------|
| Employment Resource Centre | 705-325-9299 |
| Service Canada Centre for Youth..... | 705-326-7613 |
| Employment Insurance - EI Benefits..... | 705-326-7336 |
| Employment Insurance- Inquiry Line | 1-800-206-7218 |
| Employment Standards/Ont Min of Labour | 1-800-531-5551 |
| Job Connect (Georgian College) Ages 16-24..... | 705-329-3102 |

Family/Youth/Child Services

| | |
|---|------------------------------|
| Big Brothers & Big Sisters..... | 705-325-3151 |
| Catholic Family Services..... | 705-726-2503; 1-888-726-2503 |
| Catulpa Community Support Services..... | 705-326-6502 |
| Children's Aid Society-Orillia Branch..... | 705-325-1005 |
| DAY CARE/NURSERY SCHOOL/PRESCHOOL | |
| Childrens' Corner Nursery School -1/2 day..... | 705-326-2171 |
| Chippewas of Rama First Nation Child Care...ext 1100 | 705-325-3611 |
| Little Lambs Early Learning School..... | 705-330-0277 |
| Orillia Central Pre-School..... | 705-327-2764 |
| Orillia Prep School | 705-325-1128 |
| Simcare Day Care Services..... | 705-327-5566 |
| Teddy Bears Picnic..... | 705-329-1692 |
| West Ridge Early Education Centre..... | 705-326-3299 |
| Wee Watch Private Home Day Care..... | 705-326-5015 |
| YMCA on Peter Street..... | 705-330-0233 |
| YMCA on Jarvis Street..... | 705-326-6091 |
| YMCA Notre Dame Child Care Centre..... | 705-327-2607 |
| Elizabeth Fry Society..... | 705-725-0613 |
| Girl Guides of Canada..... | 1-800-565-8111 |
| John Howard Society..... | 705-325-6561 |
| New Path Youth & Family Services..... | 705-725-7656; 705-325-6161 |
| Ontario Early Years Centre..... | 705-325-1299 |
| Orillia Native Women's Centre..... | 705-329-7755 |
| Orillia Youth Centre..... | 705-325-8082 |

| | |
|--|----------------|
| Simcoe County Children Services.....ext. 1145..... | 705-722-3132 |
| Scouts Canada | 1-888-726-8876 |
| Young Parent Resource Program.....ext. 106.. | 705-326-7386 |

Food Banks/Shelter/Basic Needs

| | |
|---|--------------------------------|
| Couchiching Jubilee House..... | 705-326-4337 |
| Emergency Cupboard- Formula & Diaper Depot...705-325-1299 | |
| Family Crisis Mobile Unit | 705-728-5044 or 1-800-893-8333 |
| Food Banks - St Vincent de Paul.....ext. 32..... | 705-326-2849 |
| - Salvation Army | 705-326-3472 |
| - The Sharing Place | 705-327-4273 |
| Goodwill - Low cost goods | 705-325-2937 |
| Good Food Box..... | 705-326-7743 |
| Green Again (used clothing) | 705-325-0686 |
| Green Haven Outreach..... | 705-329-2806 |
| Green Haven Shelter for Women (Crisis Line) | 705-327-7319 |
| Lighthouse Men's Emergency Shelter..... | 705-329-2424 |
| Lighthouse Cafe 48 Peter St S (Lunch)..... | 705-329-2265 |
| Loan Cupboard (Oddfellow/Rebekah) | 705-345-6806 |
| SPCA (Humane Society) | 705-325-1304 |
| St. Vincent de Paul Society.....ext. 32..... | 705-326-2849 |
| Salvation Army, 157 Coldwater W | 705-326-3284 |
| Salvation Army Thrift Store | 705-326-6550 |
| St. James Loonie Lunch 58 Peter St N..... | 705-325-2742 |
| Mobile Unit.....ext. 3547..... | 705-325-2201 |

Government - MUNICIPAL

| | |
|---|--------------|
| Chippewas of Rama First Nation..... | 705-325-3611 |
| City of Orillia..... | 705-325-1311 |
| Oro-Medonte Township..... | 705-487-2171 |
| Township of Ramara | 705-484-5374 |
| Severn Township..... | 705-325-2315 |
| Simcoe County Administration..... | 705-726-9300 |
| Orillia Landfill/Waste Diversion Site Kitchener St..... | 705-325-3522 |
| Economic Development Commission..... | 705-325-4900 |

Government - PROVINCIAL/FEDERAL

| | |
|--|-------------------|
| Child Tax Benefit..... | 1-800-387-1193 |
| Citizenship & Immigration..... | 1-888-242-2100 |
| Family Responsibility Office..... | 1-800-267-4330 |
| GST Information | 1-800-959-1953 |
| Health Cards..... | 1-888-376-5197 |
| Human Rights - Ontario..... | 1-800-387-9080 |
| Income Tax - Revenue Canada..... | 1-800-959-8281 |
| Labour - Ontario Ministry of | 1-800-531-5551 |
| M.P. Simcoe North, Bruce Stanton..... | 705-327-0513 |
| M.P.P. Simcoe North, Garfield Dunlop | 705-326-3246 |
| OHIP - Barrie | 705-726-0326 |
| Ombudsman - Ontario Government..... | 1-800-263-1830 |
| Ontario Disability Support Program..... | 705-325-7408 |
| Ontario Provincial Police (Orillia)..... | 1-888-310-1122 |
| Ontario Works..... | 705-722-3132 |
| Passport Canada..... | 1-800-567-6868 |
| Post Office Orillia..... | 327-2918/327-2231 |
| Brechin | 705-484-0053 |
| Coldwater..... | 705-686-7803 |
| Washago..... | 705-689- |

6466

| | |
|------------------------|----------------|
| Road Information | 1-800-268-4686 |
| Service Canada | 705-326-7336 |

Health & Human Services

| | |
|---|------------------------------|
| AA (calls screened through Telecare)..... | 705-325-6385 |
| Al Anon..... | 705-730-3307 |
| AIDS Hotline | 1-800-372-2272 |
| Alzheimer Society | 705-329-0909 |
| Amnesty International..... | 1-800-266-3789 |
| Arthritis Society | 1-800-321-1433 |
| Birthright | 737-3550; 1-800-550-4900 |
| Canadian Blood Services | 1-888-236-6283 |
| Canadian Cancer Society..... | 705-326-9587 |
| Canadian Diabetes Association..... | 705-737-3611 |
| Canadian Hearing Society..... | 705-737-3190 |
| Chippewas of Rama Health Centre | ext. 1600.. 705-325-3611 |
| CNIB..... | 705-728-3352; 1-800-563-0887 |
| College of Physicians and Surgeons..... | 1-800-268-7096 |
| Community Care Access Centre..... | 705-721-8010 |
| Community Foundation of Orillia and Area | 705-259-1163 |
| Deaf Access Simcoe Muskoka.....Voice/TTY..... | 705-325-8448 |
| Diabetes Education Centre | 705-325-7611 |
| Epilepsy Ontario Simcoe County..... | 705-737-3132 |
| Health Care Connect..... | 1-800-445-1822 |
| Health Connection (Simcoe Muskoka District Health) 721-7520 | |
| Heart & Stroke Foundation..... | 705-737-1020 |
| Helping Hands (& Meals on Wheels)..... | 705-325-7861 |

Hospice Orillia.....705-327-7799
 Information Orillia.....705-326-7743
 Lung Association.....1-888-344-5864
 Meeting Place (The).....705-329-2644
 Min. of Health Gen. Inquiry.....1-800-268-1153
 Multiple Sclerosis.....1-800-634-5618
 Narcotics Anonymous...(screened by Info Orillia) 705-326-7743
 North Simcoe Victim Crisis Services.....705-325-5578
 Orillia Pregnancy Resource Centre.....705-326-8228
 Orillia Soldiers Memorial Hospital (OSMH).....705-325-2201
 OSMH Information Desk.....705-327-9121
 OSMH Emergency.....705-327-9100
 OSMH Foundation.....705-325-6464
 OSMH Mental Health Service.....705-327-9122
 Orillia Against Drunk Driving.....705-329-3338
 Recovery Home (Seven South Street).....705-325-3566
 Red Cross.....705-721-3313
 Sexual & Domestic Assault Treatment Centre.....705-325-2201
 Simcoe Community Services.....705-327-5391
 Simcoe Outreach Services - Barrie.....1-800-263-5060
 - Orillia.....705-325-4499
 St. John Ambulance.....1-800-269-0968
 Telecare Business Office.....705-327-2383
 Distress Line.....705-325-9534
 Telehealth Ontario.....1-866-797-0000
 United Way of Greater Simcoe County.....705-726-2301
 Victorian Order of Nurses.....705-737-5044
 Victorian Order of Nurses-Day Away Clinic.....705-326-7505
 Welcome Wagon.....1-866-675-8380
 Water Testing
 Public Health Lab-Bacterial.....705-325-7449
 Central Ont Analytical Lab-Bacterial & Chemical..705-326-8285

Housing

Housing, Simcoe County (Subsidized).....705-725-7215
 Orillia Housing Resource Centre.....705-325-3883
 Landlord & Tenant Tribunal.....1-888-332-3234
 Real Estate Board.....705-325-9958

Legal

Community Legal Clinic.....705-326-6444
 Court Diversion Program (CMHA).....705-733-2113
 Court House - Barrie.....705-739-6144
 Orillia.....705-326-2671
 Crime Stoppers.....1-800-461-8477
 Elizabeth Fry Society.....705-725-0613
 John Howard Society.....705-325-6561
 Justice of the Peace.....705-326-2671
 Legal Aid.....1-888-590-3961; 737-3400
 Probation – Orillia Youth Services.....705-329-0455
 Probation and Parole - Adult.....705-329-6010
 Small Claims Court (up to \$25,000).....705-326-2671

Libraries

Chippewas of Rama Public Library.....ext 1407 .325-3611
 Orillia Public Library.....705-325-2338
 Friends of the Orillia Public Library.....705-325-2338
 Ramara Township Library - Ramara Centre.....705-325-5776
 Ramara Public Library - Brechin Branch.....705-484-0476

Recreation/Leisure/Environment

Barnfield Point Recreation Centre (Curling).....705-325-3089
 Brian Orser Arena, Gill St.....705-325-1414
 Couchiching Conservancy.....(Nature Trails).....705-326-1620
 Kids for Turtles Environmental Education.....705-325-5386
 Mariposa Gymnastics.....705-325-3754
 Mnjikaning Arena Sports KI (MASK).....705-325-3611
 ODAS Park (Agricultural Society).....705-325-0353
 Orillia Community Centre - Brant St.....705-326-2380
 Orillia Parks & Recreation.....705-329-7250
 YMCA.....705-325-6168
 Washago Community Centre.....705-689-6424

Senior Services

Happy at Home.....705-326-9355
 Helping Hands (& Meals on Wheels).....705-325-7861
 Foodland Senior Grocery Delivery Service.....705-325-1879
 LEAD Healthcare Advocacy.....705-327-2400

LONG TERM CARE FACILITIES

Oak Terrace, Mississaga St W.....705-325-2289
 Leacock Care Centre.....705-325-9181
 Leisureworld Caring Centre.....705-326-6609
 Trillium Manor, Grace Ave.....705-325-1504

RESIDENTIAL CENTRES

Atrium Retirement Home, Coldwater Rd.....705-325-7300
 Bonnie-Lynn House (Coldwater).....705-686-7316

Best Lifestyle Residence (Coldwater).....705-686-3307
 Birchmere, Bay Street.....705-326-8520
 Caregivers 2000.....705-326-0565
 Champlain Manor, Fittons Rd.....705-326-8597
 Country Estate Retirement.....705-689-6814
 Kayla Retirement Home.....705-327-2464
 May's Manor.....705-326-5698
 Tudhope Manor Peter St N.....705-325-8383
 Victoria House Laclie St.....705-327-1806
 Washago Retirement Lodge.....705-689-6825

SENIORS APARTMENTS

Coldwater Seniors Apt Inc.....705-686-3846
 Hillcrest Lodge.....705-259-2240
 Legion Crest.....705-326-8433
 Orillia Independent Living.....705-323-9000
 Simcoe County Housing (subsidized).....705-725-7215

SENIOR CITIZENS CLUBS

Orillia - TIE Club.....705-326-0802
 Legion - Brechin, Mara.....705-484-5393
 Legion Branch #270 Coldwater.....705-686-3388
 Legion, Branch #34 Orillia.....705-325-8442
 Legion Branch #619 Warminister.....705-325-6920
 Moose Lodge.....705-325-8366

SENIORS— GOVERNMENT

Canada Pension.....1-800-277-9914
 Guaranteed Income Supplement-GIS.....1-800-277-9914
 Old Age Security.....1-800-277-9914
 Seniors Drug Benefit Line.....1-888-405-0405
 Veterans Affairs.....1-866-522-2122

Transportation

Airport Transportation.....705-728-1148
 Bus Service
 - LAIDLAW TRANSIT LTD.....705-326-7376
 - O.W.L.S. Wheelchair Bus.....705-327-0411
 - ONTARIO NORTHLAND.....705-326-4101
 - ORILLIA TRANSIT.....705-326-8300
 Drive Test Orillia - Laclie St.....1-888-570-6110
 Licence Bureau, Motor Vehicles.....705-326-4424
 Road Conditions.....1-800-268-4686

Tourism

Orillia Chamber of Commerce.....705-326-4424
 Ontario's Lake Country.....Tourist Info.....1-866-329-5959
 Ontario's Lake Country... Administration.....705-325-9321
 Ontario Travel.....1-800-668-2746

Utilities

Cable, Rogers.....1-888-764-3771
 Gas Company - Union Gas.....1-888-774-3111
 Hydro - Orillia Power Corporation.....705-326-7315
 Hydro One.....1-888-664-9376



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